For a fair selection everybody has to take the same exam: please climb that tree.
The Green Light 2013 Toolkit

Is there evidence that this has reduced health inequalities for people with intellectual disability and improved patient outcomes?
Beyond Winterbourne…
NHS England 2015

High quality care for all, now and for future generations

• Commitment: “people with learning disabilities and autism”.
• Person-centred approach.
• Across NHS and in partnership with social care.
• **Transforming care** – for the **best care now**, including a new approach to CTRs, and **re-shaping services for the future**. Progress monitoring through the quarterly **assuring transformation data**.
• **Improving health outcomes** – Including uptake of routine health checks, ensuring that learning disabilities is part of inspections, overseeing **local** strategies, and developing a new **national** facility to track mortality level.
Background to the 2013 Toolkit

• Green Light Toolkit: first published as part of *Valuing People* by DoH in 2004: practical tools for local audit of reasonable adjustments for people with learning disabilities and mental health needs (National Service Framework for MH 1999).

• *Reasonably Adjusted?* 2012 report by NDTi for people with learning disabilities and people with autism: “pockets of imaginative and positive practice” by local services, “not common practice”, “little sharing or copying of good ideas”.

• “The evidence suggests that many services are failing to meet their responsibilities under equalities legislation”
The Green Light 2013 Toolkit

- **Practical new materials** to help services review their own quality and share and replicate good practice.
- Brought together **service commissioners, providers, users and carers** to share issues and identify solutions.
- Produced by NDTi, commissioned by NHS Confederation and DoH, launched 28 Nov 2013.
  - An audit framework to support reviews.
  - An ‘easy-read’ version of the audit framework and toolkit to enable patients to be full stakeholders.
  - A database of reasonable adjustments made by services, as a resource for people seeking to innovate and share learning.
- “Easy to start and challenging to finish”:
  - Basic audit – Better audit – Best audit
• A not-for-profit organisation which promotes inclusion and equality for people who are at risk of exclusion from any part of society – and who may need support to lead a full life.

• Supported groups: people with a learning disability, older people, people with mental health problems, disabled people and young children.

• An important focus of their work is to help people get beyond traditional client group based thinking and promote community and citizen based ways forward.
Grey  Red  Amber  Green

- Nothing is being done
- Lots of work needs to happen before things are better
- Some work has been done but more is needed
- Things are going well
“Pockets of Positive Practice”

• Literature Search: PsychInfo EMBASE HMIC CINAHL AMED BNI Medline.

• 7 publications, only 1 (local) study of the effect of the adoption of the 2004 GLTK, extending search led to 26 further articles but those only referred to GLTK and its adoption, providing no evidence of effect.

• One mention of “targets and penalties” as incentive for services to adopt.
Green Light for Mental Health in Hampshire


- Mention of unpublished work: Patterson 2006 report on the Southampton City green light toolkit service evaluation for mental health services for people with intellectual disabilities. (Google search).
Green Light for Mental Health in Hampshire

• Methodology: GLTK and grounded theory (qualitative data collection involving self-assessment, interview, analysis and identification of themes)
• Results: 50% red, 14% red/amber, 25% amber, 2% amber/green, 9% green
• Findings: best care when unwell, primary care difficulties, tensions between mainstream inpatient services and specialist services, training issues, little support on discharge leading to re-admission, inconsistent carer support and patient involvement.
• About methods: difficulty in identifying learning disability, requirement for a project leader rather than add-on to existing workload found to be crucial.
• Recommended and put in place strategic action plan and stakeholder days.
Dear Lilly
Thank you for your query. We don't have evidence that the toolkit has reduced health inequalities I am afraid. This doesn't mean that it doesn't - but that the studies haven't been done. We only have anecdotal evidence. I think I am right in saying that the best evidence we have of reasonable adjustments in health services (generally) making a difference is in relation to roles such as the acute liaison nurse, and the implementation of health checks. Some of the Green Light champion models we came across had some similarities to the acute liaison nurse role - and certainly in Avon and Wiltshire Partnership Trust - they did a pre and post intervention questionnaire with staff who had had training and support in relation to people with learning disabilities and people with autism - and the provision of reasonable adjustments. Staff felt more confident but how that translated on the ground I don't know.
Sorry I can't be of more help. It would be a good study to do.
Best wishes
Sue

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Quoted to the members of our meeting with Sue Turner's permission – not for copying
NDTi offer tailored support to implement the new Toolkit and have developed Action Learning Sets, incorporating a benchmarking club that uses the audit tools they have produced.
Your rights under the Mental Health Act (leaflets)
Leaflet by Devon Partnership NHS Trust

Depression
Booklet by A Picture Of Health and 2gether NHS Foundation Trust

Dementia
Booklet by A Picture Of Health and 2gether NHS Foundation Trust

Consent booklet
Booklet by Royal Cornwall Hospitals NHS Trust

Bipolar Affective Disorder
Booklet by A Picture Of Health and 2gether NHS Foundation Trust

Anxiety disorder
Booklet by A Picture Of Health and 2gether NHS Foundation Trust

All about feeling down
Booklet by The Foundation For People With Learning Disabilities

Joint protocol for responding to people with a learning disability who have mental health problems
Pathway | Report by North Essex Partnership NHS Foundation Trust and Hertfordshire Partnership NHS Foundation Trust
References

- Eastwood, Borrows, Ferguson, Redding and Ricketts. Adv in Mental Health and Learning Disabilities Vol 3 Issue 2 June 2009: 3-7