Send the referral form to:
MHLD Referral Hub 0203 228 9757
CTC, Maudsley Hospital, London, SE5 8AZ
referralsmhl@slam.nhs.uk
fax: 0203 228 1055

Call the number for the team where you live:

Croydon Psychiatry and CPN 020 3228 0683

Lambeth Psychiatry and CPN 020 3228 1057

Lambeth Psychology and Behaviour Support 020 3228 5540

Lewisham Psychiatry and CPN 020 3228 1056

Lewisham Psychology and Behaviour Support 020 3228 9600

Southwark Psychiatry and CPN 020 3228 1054

Southwark Psychology and Behaviour Support 020 3228 1060

Mental Health Learning Disabilities (MHLD)

We have local services across SLaM in Croydon, Lambeth, Lewisham, and Southwark

SLaM switchboard: 020 3228 6000
SLaM website: www.slam.nhs.uk

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This leaflet was created with
An Academic Health Sciences Centre for London
Pioneering better health for all
Who do we help?

- We help people who have a learning disability.
- We help people who feel sad.
- We help people who feel angry.
- We help people who feel worried.

How can you ask to see us?

- Please phone if you want to see us.
- Other people can ask us to see you.
- This may be your GP, a family member, friend or support staff.
- They need to fill out a referral form.
- This will tell us what help you want.
How to make a complaint

If you think we have not been helpful you can make a complaint.

PALS is a patient advice and liaison service.

They help people make a complaint.

0800 731 2864
pals@slam.nhs.uk

You can also write to the Complaints Department, The Maudsley Hospital, 111 Denmark Hill, London SE5 8AZ.

We help people who feel scared.

We help people if these feelings are a problem.

We help when what you do causes harm to you or other people.

Who are we?

We are psychologists, psychiatrists, CPNs and behaviour support practitioners.
How do we help people?

We talk and listen.

We look at what people are doing.

We use tasks and puzzles to help understand your needs.

We use questionnaires to help understand how you are doing.

Sometimes it might be helpful to have some tablets.

The psychiatrist and CPN can help you with this.

Please tell us how we are doing.

Please tell us what we do well.

Please tell us what we can change.

Please complete a feedback form.

This is called a PEDIC form.

You can talk to one of our staff.

You can write a letter to the team manager.
What do we tell people about?

Most of the things we talk about are private.

We will agree together who else should know what we talk about.

We sometimes write letters about you. You can have a copy of these letters.

If you or someone else is in danger we might need to tell other people.

What will we talk about?

We will ask you about what is difficult in your life.

We will ask you about what is going well in your life.

We will talk about your health, thoughts, feelings and relationships.

You do not have to tell us the things you do not want to.

We will make a plan together about how to help you.

This is called a care plan.
Who do we work with?

We sometimes work with people on their own.

We sometimes work with families.

We sometimes work with support staff.

We sometimes work with groups of people with learning disabilities.

Where do we see you?

We will agree where to see you.

We may see you at a clinic.

We may see you at a day centre.

We may see you at your home.