Mental Health in Learning Disabilities Service

National and Specialist Child and Adolescent Mental Health Services
Who do we see?

As a national service we see people from across the country.

We see children and young people up to 19 years old, and their families, who have a learning disability and additional mental health or behavioural problems. This includes:

- autism
- ADHD (hyperactivity)
- psychosis
- anxiety or depression
- behaviour problems including physical aggression and self-injury
- rare genetic syndromes such as Prader Willi Syndrome
- behaviour problems linked to epilepsy
- offending behaviour
- parenting assessments for parents with learning disabilities.
Assessment and treatment

What do we offer?
Full assessment and evidence-based treatments including:
• psychiatric assessment
• neuropsychological assessment
• assessment of behaviour
• Behavioural / Cognitive Behavioural Therapy
• medication alongside psychological therapy
• advice about needs, placements and transitions
• risk assessment
• consultation
• medico-legal assessments including capacity and needs.

What happens at the first appointment?
This usually takes most of a morning or afternoon and involves the young person and their parents or carers. We discuss the current difficulties and ask about the family situation and the young person's early development. Often the young person has a neuropsychological assessment. With the family’s permission, we gather information from other professionals involved and from the young person's school. After this we might visit home or school to get more information.
Making a referral

We usually offer a first appointment within 6-8 weeks (and no longer than 11 weeks) of accepting the referral. More urgent referrals can be seen at shorter notice.

**How do you refer?**

We usually accept referrals from CAMHS consultants and consultant paediatricians, but under certain circumstances GP referrals are accepted. All referrals must have support from local CAMHS and the Primary Care Trust for funding purposes.

Families and referrers are welcome to contact us for further information.
How can you contact us?

We are a team of child and adolescent psychiatrists, clinical psychologists and behaviour therapists. Please feel free to contact us to discuss potential referrals on the telephone before making a formal referral.

For all queries or referrals, please contact the team administrator in the first instance by phone, fax or letter.

**Address**

Mental Health in Learning Disability Team
Michael Rutter Centre
De Crespigny Park
Denmark Hill
London
SE5 8AZ

Phone: 020 3228 2570 / 3381
Fax: 202 3228 5011
Options available
If you’d like a large print, audio, Braille or a translated version of this leaflet then please ask us.

Useful contact details
SLaM Switchboard: 020 3228 6000
SLaM 24hr Information Line - Advice on how to access SLaM Services: 0800 731 2864
Contact our Patient Advice and Liaison Service (PALS) for help, advice and information:

T: 0800 731 2864
W: www.pals.slam.nhs.uk
E: pals@slam.nhs.uk

Complaints
If you are not happy about something but not sure if you want to make a formal complaint you can speak to a member of staff directly. Alternatively you can contact the PALS Office on freephone 0800 731 2864. If you decide you want to make a formal complaint this can be done by contacting the Complaints Department:

Complaints Department, Maudsley Hospital, Denmark Hill, London SE5 8AZ

T: (020) 3228 2444/2499
E: complaints@slam.nhs.uk
W: www.slam.nhs.uk

www.tfl.gov.uk/journeyplanner
For the quickest way to plan your journey anywhere in greater London use journey planner:

020 7222 1234 (24hrs)