Lewisham Children and Young People’s Service - CAMHS

Information for professionals
What is mental health?
Mental health is a state of emotional and social wellbeing which can influence self-esteem, resilience, ability to form positive relationships, social skills and perceptions of self and others.

Mental health difficulties in children and adolescents
Children and young people can experience and express mental health difficulties in many different ways. These include low self-esteem and confidence, anxiety, depression, behaviour problems and problems in forming positive relationships with other people.

These can lead to many difficulties, including: poor peer relationships, a drop in educational achievement, panic attacks, fears, deliberate self-harm, eating disorders and intrusive thoughts.

Services available in Lewisham
In Lewisham there are a number of NHS services available for children and young people up to the age of 18 years. Most of these services work with both the young person and parents, carers and other family members, depending on the young person’s age and circumstances. We are a team of professionals with a range of experience and skills in working with children, young people and their families. We try to adapt our approach to meet the needs of each individual situation. Our workers actively engage with the wide range of cultures and life experiences of people in Lewisham. We also have an interpreting service available for people who don’t speak English.
Children and Young People’s Teams
(East and West Lewisham)
Who is the service for?
Any child or young person up to the age of 18 living in Lewisham with a serious mental health problem which could pose a significant risk to their wellbeing or those around them, e.g. the effects of sexual abuse and feelings of depression, severe mood swings or intrusive thoughts.

How can I refer a child/adolescent?
All referrals must come through a health, education or social care professional.

Children and Young People’s Community Team

Who is the service for?
Children and young people up to the age of 18 who are anxious, depressed, refusing school, having behaviour problems, relationship difficulties with peers, parents or siblings, low self-esteem and stress. Cases in this service are seen by a single mental health professional.

How can I refer a child/adolescent?
Referrals should come from health workers in Lewisham GP surgeries.
Services at Kaleidoscope continued

Neurodevelopmental Team

Who is this service for?
Any child or young person up to the age of 18 with a significant developmental delay such as an Autism Spectrum Disorder or moderate or more severe learning disability which impacts upon their mental health (eg Asperger’s, autism, Tourette’s Syndrome).

How can I refer a child/adolescent?
All referrals must come through a health, education or social work professional.

Inclusion Team

Who is this service for?
This is a multidisciplinary team delivering a targeted service in educational settings between the ages of 0-19 years.

How can I refer a child/adolescent?
Referral for individual children and young people will be made by school staff completing an Inclusion Service referral form and a CAF. Tel: 020 7138 1417/1418
Services at Lewisham Park

The contact number and address for Symbol and Lewisham Young People’s Service (LYPS) is: 78 Lewisham Park, Lewisham, SE13 6QJ. Tel: 020 3228 1000

The Symbol Therapy Team (Children Looked After Team)
Who is this service for?
Any young person up to the age of 21 who has been in care and will remain in care for the foreseeable future.

How can I refer a child/adolescent? Referrals are accepted from either the young person or the child or young person’s social worker.

LYPS
Who is this service for? Young people up to the age of 18 with severe mental illness or acute problems, such as psychosis, repeated self-harm, clinical depression, eating disorders, serious drug/alcohol misuse problems.
How can I refer a child/adolescent? All referrals must come through a health, education or social work professional.
ARTS (Adolescent Resource and Therapy Service)
Who is the service for?
Young people up to the age of 18 who live in Lewisham who have offended or are at risk of offending and have mental health problems.

How can I refer a child/adolescent?
All referrals must come through a health, education, Youth Offending Team or social work professional.

The contact number and address for ARTS:
23 Mercia Grove, Lewisham, SE13 6BJ
Tel: 020 8314 9742
Contact and location of Kaleidoscope

To provide feedback/comments or to be involved in the development of the service, please contact:

Borough Manager
Kaleidoscope
Lewisham Children and Young People’s Centre
32 Rushey Green, London SE6 4JF.

Tel: 020 7138 1250
Fax: 020 7138 1230
www.slam.nhs.uk
Options available
If you’d like a large print, audio, Braille or a translated version of this leaflet then please ask us.

Useful contact details
SLaM Switchboard: 020 3228 6000
SLaM 24hr Information Line - Advice on how to access SLaM Services: 0800 731 2864
Contact our Patient Advice and Liaison Service (PALS) for help, advice and information:
T: 0800 731 2864
W: www.pals.slam.nhs.uk
E: pals@slam.nhs.uk

Complaints
If you are not happy about something but not sure if you want to make a formal complaint you can speak to a member of staff directly. Alternatively you can contact the PALS Office on freephone 0800 731 2864. If you decide you want to make a formal complaint this can be done by contacting the Complaints Department:

Complaints Department, Maudsley Hospital,
Denmark Hill, London SE5 8AZ
T: (020) 3228 2444/2499
E: complaints@slam.nhs.uk
W: www.slam.nhs.uk

www.tfl.gov.uk/journeyplanner
For the quickest way to plan your journey anywhere in greater London use journey planner:
020 7222 1234 (24hrs)

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