

ENGAGEMENT DOCUMENT: EATING DISORDERS UNIT

# Improving Inpatient Mental Health Services

Engagement runs from 4 May 2020 – 14 June 2020



## Specialist care for mental health

South London and Maudsley NHS Foundation Trust (the Trust) currently provides the widest range of services in the United Kingdom (UK) for people with mental health problems or an addiction to drugs or alcohol.

We provide care and treatment for children, adults and older people living in South London, specialist Child and Adolescent Mental Health services in Kent and specialist services for people from across the country.

One of the national specialist services we provide is for people with eating disorders. Our inpatient **Eating Disorders Unit (EDU)** and rehabilitation service is currently based at Bethlem Royal Hospital in Bromley.

Our unit is internationally renowned for its research and is at the forefront of treatment development, having generated much of the evidence underpinning contemporary eating disorder treatments. We currently welcome a predominantly female intake from all over the country but expect this to grow to a far more even male/female split in the coming years.



# Why do we want to make changes?

To ensure the safety and quality of our services for service users, there is an urgent need to improve the inpatient accommodation.

In contrast to some other NHS Trusts in the country, most of our hospital buildings are old and in poor condition. The Care Quality Commission, which monitors the quality of our services, have raised this as an issue. Around 60 per cent of our buildings were built over 30 years ago with Tyson House, where the Eating Disorders Unit is currently housed, being constructed in the 1930s. This was before modern mental health building design guidance was released which recommends en-suite bathrooms, therapeutic, social and family space and direct access to outside space.



The current Eating Disorders Unit.



## The key issues with the wards include:

- + Old, run-down facilities which do not promote a healthy, healing environment.
- + No bedrooms have their own en-suite bathrooms and there are not enough bathroom facilities available.
- + The bedrooms are very small, at only 8.5 square-meters.
- + There is no unsupervised access to outdoor space and fresh air.
- + There is no capacity for segregation of male and female service users.
- + There is very limited social and living space and no purpose-designed facilities for family visits or therapeutic activities.
- + The lines of sight for staff looking after service users are poor – this is particularly important to keep service users safe.
- + The environment is very cramped for service users and staff.

## What are we proposing?

During the last few years, the Trust has been carefully thinking about how it can improve its out-of-date hospital wards.

We are currently consulting on a proposal to develop new services on the Maudsley Hospital site in Southwark, in Denmark Hill, London, SE5 8AZ. This gives us a unique opportunity to include a new specially designed ward for the EDU using all of the latest principles of healthcare design.

We are proposing to move the Eating Disorders Unit from its current home at the Bethlem Royal Hospital into a new building, Douglas Bennett House, on the Maudsley Hospital site, in Southwark.

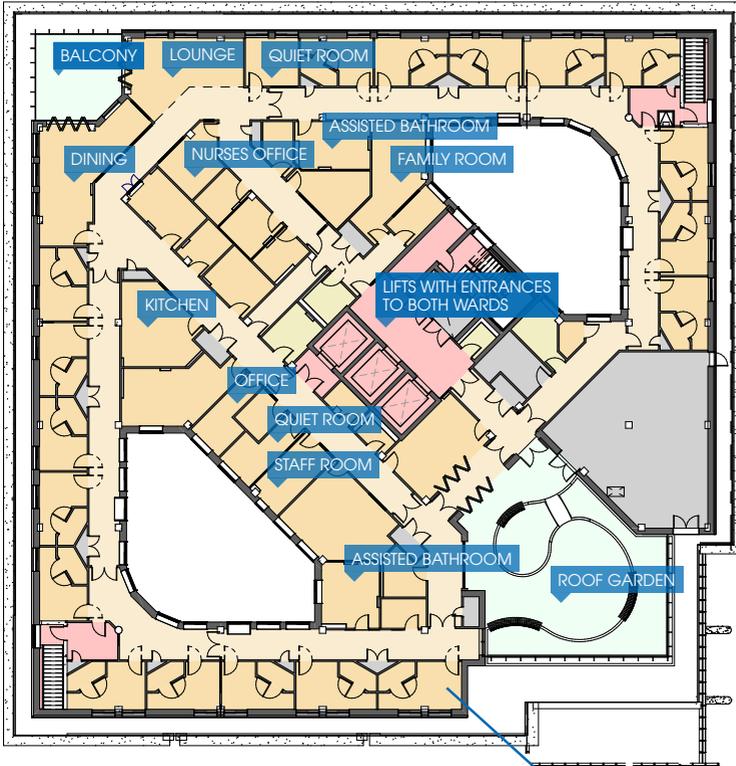
We are not proposing any changes to the number of beds provided for this specialist service, nor to the way we provide care. We want to ensure that service users have their care in an environment that is welcoming, light and spacious, and provides the best opportunity for recovery.

Demolition of the current, old building on the Maudsley Hospital site has already begun as it was costing the Trust money in rates and security. Construction of the new Douglas Bennett House will only start if the proposed move of the EDU and other inpatient services from Bethlem Royal Hospital and Lambeth Hospital into the new building, is agreed.

Following this engagement and if a wider consultation about proposals to move services to the Maudsley Hospital site is agreed, the relocation of the EDU would be expected to take place in 2022/23.

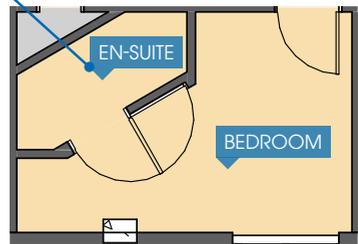
# A new high-quality inpatient facility at the Maudsley Hospital

Specialist architects have worked closely with service users and carers, clinicians and non-clinical staff from several boroughs on the proposal for the new Eating Disorders Unit, comprising two bespoke wards over an entire floor with an outside roof terrace.



- SPECIALIST WARD FOR EATING DISORDERS
- ROOF GARDEN

A virtual tour of the proposed new building is available by putting this link into your web browser: [tinyurl.com/slam-video](https://tinyurl.com/slam-video)

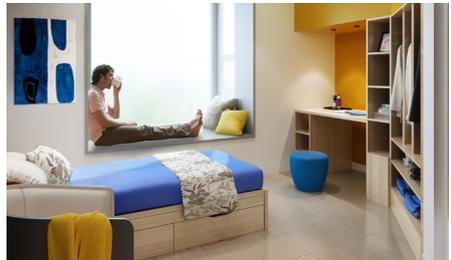


## The benefits of the proposed move are:

- + Two specially configured top-floor wards, which are fully adaptable to provide single or mixed-sex accommodation.
- + Individual, en-suite bathrooms for all bedrooms and more assisted bathrooms available.
- + Specially designed kitchen facilities and dining areas for patients' rehabilitation.
- + Direct, unsupervised access to an outdoor roof garden and a separate large balcony.
- + A more therapeutic environment with a range of therapy and treatment rooms, quiet rooms, family rooms and a multi-faith space.
- + Each ward designed around a central light-well providing a huge amount of natural light.
- + Direct views across the wards for staff to observe service users for their safety.
- + The wards would be located next to the existing outpatient service and day care unit on the Maudsley Hospital site and close to the acute physical healthcare services at King's College Hospital allowing for better access to services for patients, and collaborative, multi-disciplinary working for staff.
- + Specifically allocated private office and lounge spaces for staff.
- + Access to local amenities allowing for more socially inclusive activities to be incorporated into patients' rehabilitation.
- + Staff morale, recruitment and retention would be improved.
- + The building is more energy efficient and needs less maintenance.



CGI of new inpatient facility at Maudsley Hospital.



Indicative image of an inpatient's bedroom.

# We're listening

We are asking for views on the proposed move of the EDU from Bethlem Royal Hospital, in Bromley to the new site at Maudsley Hospital, Southwark.

We are aware that the proposed move may present challenges to service users, families, carers and staff and we want to work with you to find the best solutions. Here is some of the feedback we've received so far, and our responses:

## **Q1: Will you expect staff currently working in Bromley to travel to Southwark?**

The Maudsley Hospital site is more accessible by public transport. Staff morale, recruitment and retention would be improved by working in a more modern, safe and therapeutic environment.

## **Q2: Bethlem Royal Hospital is set in large grounds and gardens. How will the Maudsley Hospital site provide a more therapeutic environment?**

Current access to the outside space at Bethlem Royal Hospital must be supervised. The proposals offer two outside spaces which service users can access unsupervised, allowing for a greater development of independence. It also neighbours local park spaces such as Ruskin Park and Dulwich Park, which service users can be escorted to.

## **Q3: EDU inpatients are popular users of the site-wide therapy and social activities provided at the Bethlem Royal Hospital. Will the range of therapy services be as diverse at the Maudsley?**

The proposed new building would have vastly improved social and living spaces for service users to enjoy and on-site activities will be available. It would also be much nearer a range of community organisations and initiatives which would mean more socially inclusive activities could be incorporated into rehabilitation programmes.

# How can you learn more and give your feedback?

This engagement process will run for six weeks, **from 4 May 2020 – 14 June 2020**.

We want to know if you agree with the proposed move, what benefits you think the proposal has and what concerns you have. Do you have any alternative options that you think we should consider?

We are also keen to understand your views on whether the proposal might affect some individuals and groups more than others.

You can complete the survey online at [surveymonkey.co.uk/r/EDUengagement](https://surveymonkey.co.uk/r/EDUengagement)

Alternatively, the survey questions are listed at the back of this document. You can hand it in to a staff member or post it back to us at the freepost address provided.

If you have any questions about the proposed move or this engagement process please do not hesitate to contact us using the contact details below.



Call: **0800 307 7650**



Email: **edufeedback@londoncommunications.co.uk**



Online: **[national.slam.nhs.uk/services/adult-services/eatingdisorders](https://national.slam.nhs.uk/services/adult-services/eatingdisorders)**

# EDU engagement survey

Your views are important to us.

Please complete this survey and return it to a member of staff or use our freepost address:

**FREEPOST**

**RUBB-ZCUZ-CCJR**

London Communications Agency

8th Floor, 168-173 High Holborn

London WC1V 7AA

It is also available online at [surveymonkey.co.uk/r/EDUengagement](https://surveymonkey.co.uk/r/EDUengagement)

**1. Having read our proposals as well as from your own knowledge and experience, how much do you agree or disagree that we need to make changes to the Eating Disorders Unit accommodation at Bethlem Royal Hospital?**

- Strongly agree     Agree     Neither agree nor disagree  
 Disagree     Strongly disagree  
 Don't know     Prefer not to say

**2. Please give the reasons for your answer in the space below.**

**3. How much do you agree or disagree with the move of the Eating Disorders Unit (18 inpatient beds) from the Bethlem Royal Hospital site to the Maudsley Hospital site.**

- Strongly agree       Agree       Neither agree nor disagree  
 Disagree       Strongly disagree  
 Don't know       Prefer not to say

**4. Please give the reasons for your answer in the space below.**

**5. Would these proposals affect you, your family or other people you know, either positively or negatively?**

Please tell us how using the space below.

**6. Do you have any other solutions that you think we should consider?**





## Get in touch

If you would like any further information, then please get in touch with us.



Call: **0800 307 7650**



Email: [edufeedback@londoncommunications.co.uk](mailto:edufeedback@londoncommunications.co.uk)



Online: [national.slam.nhs.uk/services/adult-services/eatingdisorders](https://national.slam.nhs.uk/services/adult-services/eatingdisorders)

### Social media (using the hashtag #EDUproposal)



@MaudsleyNHS



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