

### How do I know my records are kept confidential?

An official independent ethics group who work outside CAMHS and the Trust helps us make sure that CRIS keeps your medical records safe and confidential when used for research.

### What types of things do you look into using this system?

We want to make sure that we look at all important aspects that influence a young persons life. We do this by gathering extra information such as details on your physical health or your school achievements and linking your anonymised clinical records to other health and education databases.

This information helps us answer questions such as how much school is missed when a young person develops depression? Or do school marks improve when a young person with ADHD gets extra mental health support? To find out more about data linkages and additional information we use on CRIS please visit: <http://brc.slam.nhs.uk/crislinkages>

### How do I find out more about CRIS?

If you'd like to know more, we hold open sessions to discuss CRIS with anyone wanting further details. Look out for leaflets and posters in the waiting area at your next appointment or ask your mental health worker about upcoming sessions.

Alternatively, if you have any questions or concerns, or if you don't want to be part of CRIS or other health and education databases that are linked, please speak with your mental health worker, or contact:

CRIS Administrator,  
PO 92, Institute of Psychiatry,  
De Crespigny Park,  
London SE5 8AF  
or email: [cris.administrator@kcl.ac.uk](mailto:cris.administrator@kcl.ac.uk)

### The CRIS team



**CRIS is a project supported by the National Institute for Health Research (NIHR) Biomedical Research Centre for Mental Health and Dementia Unit at South London and Maudsley NHS Foundation Trust and Institute of Psychiatry, King's College London.**

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## Introducing the CRIS system for CAMHS

Using research to help support families and young people



## What is CRIS?

We have developed a computer system that allows us to carry out research to help young people. It uses Child and Adolescent Mental Health Services (CAMHS) information from the South London and Maudsley NHS Foundation Trust's clinical records.\*

We call this system **CRIS**: the **C**linical **R**ecord **I**nteractive **S**earch system. CRIS is safe and secure and does not reveal your personal details to any Trust researchers.

We believe CRIS can make a real and positive difference to future CAMHS treatments and care, and we would like you to be involved.

CRIS helps us to understand what problems children and their families come to CAMHS with, how well our treatments work and what changes we can make to improve things.

\*notes that your mental health worker makes about your mental health care



## How does CRIS work?

The notes your mental health worker makes during sessions are safely stored in our computer records.

The CRIS software then removes and covers up any information that can identify you or your caregiver/friend (making your personal information anonymous). Our researchers then use this information to better understand mental illness and the ways we might be able to improve treatments and care.

For example, your name, full date of birth, address, postcode and phone numbers are replaced with 'ZZZZZ'. For our researchers a letter would look like this:

December 06 ZZZZZ ZZZZZ ZZZZZ ZZZZZ

ZZZZZ Dear ZZZZZ and ZZZZZ. I was really pleased to see you at the art therapy group last week. Just as you were leaving you mentioned that wanted to meet with me, and we arranged an individual appointment time. This letter is to confirm that we made an arrangement to meet at ZZZZZ ZZZZZ with ZZZZZ on the 17th December 2013.